



FOR IMMEDIATE RELEASE

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**Brain Balance Achievement Centers Announces Ralston as
Center Director for New Brain Balance in Indianapolis**

Brain Balance Center now Open in Indianapolis; Parent lectures continue

INDIANAPOLIS, Ind. – Brain Balance Achievement Centers is pleased to announce that **Dr. Brad Ralston, DC, DACBN**, has been named the center director for the newly-opened Brain Balance facility in Indianapolis.

Partner and center director of Brainchild™ Achievement Center, Dr. Ralston has been treating children with ADD, ADHD and autism since October 2001. He received his Bachelor of Science in exercise science from Indiana University-Purdue University Indianapolis as well as his Bachelor of Science in human biology and Doctor of Chiropractic from Logan College of Chiropractic in St. Louis, Mo.

Originally from Shelbyville, Ind., Dr. Ralston is board certified in chiropractic neurology and in the treatment of neurobehavioral disorders ADD, ADHD and autism. Dr. Ralston was named the 2004 American Chiropractic Association (ACA) Chiropractic Neurologist of the Year and has since completed further training in the treatment of ADD, ADHD and autism, as well as other neurological disorders. He was also awarded a diplomate from the American College of Functional Neurology.

The new facility for Brain Balance Achievement Centers is now open on the north side of Indianapolis at **9510 N. Meridian Street, Suite D**.

Brain Balance Achievement Centers offer the Brain Balance Program® in 29 nationwide locations. This proprietary, *non-medical* program has been successful in helping

hundreds of children who suffer from ADD/ADHD, Dyslexia, Tourette's, Asperger's and Autism Spectrum Disorders.

In order to educate parents on the basics of the Brain Balance Program, parent lectures will be held throughout August at the new facility at the following times:

- **Wednesday, August 11, at 1:00 p.m.**
- **Tuesday, August 17, at 7:00 p.m.**
- **Wednesday, August 25, at 1:00 p.m.**
- **Tuesday, August 31, at 7:00 p.m.**

To register for a parent lecture, please call 317-843-9200 and ask for Julie Peterson. Educators and professionals, such as occupational therapists, psychologists and pediatricians, are also encouraged to attend.

The parent lectures will discuss the 12-week afterschool program, which first includes a comprehensive assessment of all areas of a child's brain and body function. Then, by integrating physical and cognitive exercises with dietary change, Brain Balance Achievement Centers are able to correct the child's underlying brain imbalance, improve function and reduce/eliminate negative behaviors.

For more information about Brain Balance Achievement Centers and the Brain Balance Program®, please visit www.brainbalancecenters.com. Find Brain Balance Centers Indianapolis on Facebook as well as on Twitter at @BrainBalanceIN.

Brain Balance Achievement Centers offer the Brain Balance Program® in 29 nationwide locations. The Brain Balance Program is an individualized and comprehensive approach to helping children with neurobehavioral and learning difficulties surmount their unique challenges. This proprietary, non-medical program has been successful in helping hundreds of children reach their physical, social/behavioral health and academic potential. Brain Balance Achievement Centers works with children who suffer with attention deficit disorder (ADD), attention deficit/hyperactivity disorder (ADHD), dyslexia, obsessive-compulsive disorder (OCD), Tourette's, Asperger's and Autism Spectrum Disorders.

The Brain Balance Program methodology was developed by Robert Melillo, D.C., DABCN, FACFN, FABCD; he started using it in 1994 with patients as an educational program. In 2006, Dr. Melillo co-founded Brain Balance Achievement Centers with William Fowler. He also authored a book, "Disconnected Kids," which shows parents how to use the Brain Balance Program's drug-free approach at home. For more information, visit www.brainbalancecenters.com.

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